



### ■ About pro familia in Trier

We were established in 1979 and are the only non-religious information centre for pregnant women in the City of Trier, the district Trier-Saarburg and the district Bernkastel-Wittlich.

### ■ Our Team

Our Team consists of Diplom-Pädagogen/innen (certificated educationalists), Diplom-Psychologen/innen (certificated psychologists), and lawyers who work together in order to offer the best possible service to you. We help our clients to make responsible, informed choices and to find their own solutions.

Each request of our clients is treated with respect. Each client receives the help he or she needs in order to make informed and self-determined decisions. Supervision, team meetings, and training on a regular basis are also important tools in order to maintain the quality of our work.

Your advisers of pro familia are bounded by professional discretion. This means your adviser is only authorized to circulate information if you have absolved him or her from his or her professional discretion.

On your request advice can be given anonymously.

### ■ Please support our work

So that we can offer services to our clients in the future we need your support! You can either support us by becoming a member of pro familia Trier e. V. or by donating money.

Membership includes four issues of the pro familia magazine per year. The only German professional magazine for family planning, sexual advice and sex education.

Pro familia Trier e.V. is a registered charity and therefore your donations are tax deductible.

**Konto 83 52 56 • Sparkasse Trier • BLZ 585 501 30**



### Ortsverband Trier e. V.

#### pro familia Trier e. V.

Balduinstraße 6  
54290 Trier

rollstuhlgerechter Zugang: Christophstr. 1

#### Book an appointment for the first counselling by telephone or e-mail.

Telephone: (06 51) 463 021-20  
Facsimile: (06 51) 463 021-21  
E-Mail: [trier@profamilia.de](mailto:trier@profamilia.de)  
Web: [www.profamilia-rlp.de](http://www.profamilia-rlp.de)

#### You can contact us by phone

#### during the following office hours:

Monday – Thursday: 10 – 12 a.m.  
Wednesday also: 4 – 6 p.m.  
Friday: 8 – 10 a.m.



### Ortsverband Trier e. V.

**Pregnancy,**

**Sexuality,**

**and Relationships**



## What do we offer?

**pro familia** as a German society for family planning, sexual consultation and sex pedagogy stands for a humanistic idea of man. This humanistic concept emphasizes freedom of man for one's own responsibility and social justice.

**pro familia** is committed to self-determination of man and supports a culture in which different sexual lifestyles and ideas of partnership can develop and are respected.

**pro familia** stands up for the right of sexual and reproductive health and for a self-determined and responsible sexuality - associated with the social responsibility to protect the right of privacy of other people, particularly the rights of children and adolescent persons.

**pro familia** provides advice on sexuality and pregnancy irrespective of age, sex, religion or sexual orientation.

**pro familia** is organised federatively and maintains 170 counselling clinics in Germany with differentiated services and five family planning centers with extended medical support. The national association of pro familia is composed of 17 regional organisations concerning the respective state. Each of those is composed of local chapters.

### ■ Counselling for women who are in conflict with their pregnancy

based on §§ 218 ff StGB for women and young girls who are in inner conflict with their present pregnancy

### ■ Sexual and relationship counselling

on unintended childlessness or loss, on sexual problems and relationship crisis

### ■ Counselling and arrangement of financial support for expectant parents / parents with infants

financial, legal, medical and social help with respect to pregnancy, childbirth and parenthood as well as support of enforcement of financial demand

### ■ Counselling for fathers

we support (expectant) fathers by offering prenatal classes, counselling during pregnancy of their partners, support in the first time of parenthood and advice how to combine family and work

### ■ Counselling for family planning and contraception

### ■ Legal information

e.g. in preparation for separation or divorce, when encountering problems with the father/mother of your child like custody or right of contact, concerning legal protection of the working mother/father, parenthood, dismissal protection during pregnancy and parenthood and on social justice

### ■ Sex education

academic and non academic teamwork with juveniles, individual counselling, parent counselling, counselling and retraining for qualified employees. We offer a gender-specific approach for organizations and individuals

### ■ Contra domestic violence

Professional support with regard to dealing with one's own aggressive behaviour in intimate relationships

### ■ Online-Counselling

to get more information about all our topics please follow this link [www.sextra.de](http://www.sextra.de)

### ■ Seminars and lectures

Each year we offer seminars and lectures about topics related to pregnancy, sexuality, and partnership for women and men. Please visit our homepage for more information